



Sincere sympathy from the pastors and congregation to:

.....Walker, Joann Moffitt and family on the death of Walker's father, Mr. Harold Moffitt.
.....Phyllis and Bill Bizzell on the death of Phyllis' father, Clifford Richardson.
.....Joan Williams & family on the death of Ruth Hanenberg
.....Sam Rich & family on the death of Laurie Rich

Building Fund

In memory of Laurie Rich
by Stewart & Marlene Wooten
by George & Linda Dunn
by Wade S. Page
by Doug & Joyce Light
by Rene Isley, Carey, Christy & Mike
by Mary Isley
by Irene Isley
by Mr. & Mrs. Roland S. Cox
In memory of Hazel Myers Sellers
by Todd & Suzanne Yanders
In memory of Natalie Wilbur
by Wendy Kinlaw
In memory of Clifford Richardson
by Phyllis Bizzell
by Mr. & Mrs. Roland S. Cox
In memory of Ruth Hanenberg
by Mary Isley
In honor of Ben & Lori Owen
by Mr. & Mrs. Roland S. Cox

Choir Fund

In memory of Natalie Wilbur
by Kathryn Chrismon
by Paula & Sid Keeter
Laurie Rich
by Paula & Sid Keeter
Alvis Crisco
by Paula & Sid Keeter
In memory of Clifford Richardson
by Charles & Carolyn Link
In memory of Ruth Hanenberg
by the family of Ruth Hanenberg
In honor of Barbara Strider
by the family of Ruth Hanenberg
In honor of Mark Key
by the family of Ruth Hanenberg
In honor of Barry Queen
by the family of Ruth Hanenberg
In honor of Peggy Woodruff
by the family of Ruth Hanenberg

Debt Retirement Fund

In memory of Laurie Rich
by Norma Connell
by Jack & Iris Ragland
by Peggy Woodruff
In memory Clifford Richardson
by Norma Connell
by Jack & Iris Ragland
by Good News Class
In memory Dan & Derek Kesler
by S. Beth Kesler
In memory of Harold Moffitt
by Jerry & Wanda Bowman
by Jack & Iris Ragland
In memory of Alvis Crisco
by Jack & Iris Ragland
In memory of Mildred Belsher
by Jack & Iris Ragland
In memory of Natalie Wilbur
by Jack & Iris Ragland
by Peggy Woodruff
In memory of Ruth Hanenberg
by Thelma & Dick Renigar
by Peggy Woodruff

Children's Ministry

In memory of Harold Moffitt
by Kyle & Jeanne Lamb



Sunday, August 1st—MYF: Our Middle School Group meets from 5:00 PM until 6:15 PM. Our High School Group meets from 6:00 PM until 7:15 PM. Invite a friend to come with you!!

Monday, August 2nd—MIDDLE SCHOOL GUYS! Join Eric in the FLC to shoot some hoops from 12:00 noon until 1:30 PM!! Bring lunch if you'd like. We do have vending machines if you get thirsty or hungry.

GAB (*Middle School Girls*): Meet us at the church at 6:40 PM, and we'll head to Courtney King's house at 7:00 PM. We'll return to church around 8:45 PM.

Wednesday, August 4th: Ultimate CTF: For the FINAL G*FORCE Event of the Summer—we'll be playing a crazy game of Capture the Flag!?! It'll be way different from anything you've ever played before. We'll meet at the church at 7:00 PM, and be done with everything around 9:00 PM. (Wear tennis shoes and bring a Bible!) See you soon, Eric

Friday, August 6th—GAB SLEEPOVER (High School & Middle School Girls): Kaffini's Coffee Shop... Join us for some coffee, smoothies, and a good Word. Meet me at the church at 6:30 PM. We'll wrap things up around 9:00 PM. Bring your Bible.

Kids Ahoy!

Tuesday, August 3rd: Bowling & Pool Party (9:00 AM—5:00 PM)

WE'RE HEADED TO THE FAMILY SPORTS CENTER HERE IN ASHEBORO TO TRY OUR LUCK AT SOME BOWLING, FOLLOWED BY LUNCH AT CiCi's Pizza. THAT AFTERNOON WE'RE GOING TO TOT HILL FOR AN AFTERNOON OF SWIMMING AND FUN! BRING A PAIR OF SOCKS TO BOWL WITH, YOUR SWIMSUIT AND A TOWEL! THE COST IS ONLY \$15.00!

We've got some GREAT, Central, UMC designer t-shirts from previous Kids Ahoy trips that we want to make available to YOU!!! We have adult sizes and a few children's sizes left!! They are heavy cotton, great quality shirts, and are a great witness. These tees are practically going for FREE! (3 t-shirts of your choice for only \$10 or 2 for \$8!) Get yours before they're gone!!

PERSONAL PRAYER MINISTRY

We are looking for persons willing to participate in a "personal prayer" ministry. Prayer ushers will be used to pray for persons following the services that wish to be prayed for. Contact Pastor Mark or call the church office @ 629-1425, if you are interested.



UNITED METHODIST WOMEN

The High Point District UMW Annual Meeting will be Thursday, August 12th at Flag Springs UMC, Asheboro, NC. Dinner will be served at 6:00 PM followed by the preaching of Dr. Phillip Poole. Reservations due by 8/3. Call Shirley @ 625-4577 to sign up!

Wanting to join the church?

Pastor Mark will start the next Central 101 class on August 29. This class is for persons wanting to join the church or desiring to find out more about Central UMC.

The Worship of God

Sunday, August 1, 2010 8:45 AM

GATHERING SONG—"The River is Rising"
WELCOME, REMINDERS & GREETING.....Fred Huffstetler
OPENING PRAYER.....Samantha Palma
MISSION STATEMENT
SONG OF CELEBRATION—"Sing to the King".....Praise Team
OFFERING PRAYER.....Eric Weiner
OFFERING SONG—"The Stand".....Praise Team
PRAYER AND SHARE TIME.....Pastor Barry
SONGS OF WORSHIP—"My Savior My God"....."Today is the Day".....
SCRIPTURE— Matthew 6:25-34
SERMON— Authentic Christianity: "Believing Versus Worrying".....Pastor Mark
THE SERVICE OF HOLY COMMUNION.....Page 12
CLOSING SONG—"Jesus Messiah/Let the Praises Ring".....Praise Team
BENEDICTION

**Pray with the pastors for the worship services every Sunday at 8:30 in the Parlor.
Sanctuary Prayer Group...Byron & Carolyn Johnson at 8:45 AM**

**Pastor Mark's Sermons are available for download on the church website:
www.centralunitedmethodist.org and on CD in the Church Office**

USHERS 8:45 AM

Tammie Craig, Eddie Voncannon
Ross and Debbie Reaves

GREETERS 8:45 AM

Margo and James Bennett, Henry Salers,
Beth and Sparky Johnson

USHERS 11:00 AM

Capt. Ed Dunn, Kyle Lamb, Derrick Grantham,
Randy Ferree, Rudy Rich, Jim Tatum, Dr. John Mat-
kins, Bill Beaver, Tommy York, Walker Moffitt, Jim
Foster Chairman: Archie Priest

WELCOMING COMMITTEE

Franklyn Lamb, Doris Lucas, Becky Hughes,
Thelma Renigar, Kay Forester, Delette Self

Voyagers Children's Church K thru 5th Grade

Lisa Garrison—Seaside Cinema

NURSERY/PRESCHOOL

Infants— Jessica Grantham
8:45 AM Nursery— Ann Thompson
11:00 AM Nursery—Pat Allred
11 AM— 2-year-olds—Nicky & Kim Fields
11 AM— 3 to 4-year-olds—Linda Smith

Acolytes

Mitch Salers & Amy Yates

The Worship of God

Sunday, August 1, 2010 10th Sunday after Pentecost 11:00 AM

PRELUDE
WELCOME, RITUAL OF FRIENDSHIP AND ANNOUNCEMENTS.....Fred Huffstetler
CALL TO WORSHIP
OPENING PRAYER.....Samantha Palma
HYMN OF PRAISE— "O Worship the King".....Page #73
CHILDREN'S CORNER.....Reba Lamb
SERVICE OF GIVING
Prayer of DedicationEric Weiner
Offertory
*Doxology.....Page 95
PASTORAL PRAYER.....Pastor Barry
*The Lord's Prayer".....Page 895
ANTHEM — "Let Us Break Bread".....arr. Ruth Artman

"Let us break bread"

*Let us break bread together on our knees;
Let us praise God together on our knees;
Let us drink the cup together on our knees;
When I fall on my knees with my face to the rising sun
Oh, Lord, have mercy on me*

SCRIPTURE— Matthew 6:25-34

SERMON—Authentic Christianity: "Believing Versus Worrying".....Pastor Mark

THE SERVICE OF HOLY COMMUNION.....Page 12

HYMN OF RESPONSE— "Be Still, My Soul".....Page #534 (vs. 1+2)

*BENEDICTION

*POSTLUDE

Sanctuary Prayer Group.....Linda Dunn at 11:00 AM

**AUTHENTIC CHRISTIANITY:
WORRYING**

Charlie Brown once said, "I've developed a new philosophy...I only dread one day at a time." Someone said, "We experience moments absolutely free from worry. These brief moments are called 'panic.'"

A news story I caught recently, said that Americans are still stressed about work, money and job stability. Twenty-five percent of Americans rate their stress level as an 8, 9 or 10 on a ten-point scale. Fifty percent say they are moderately stressed. About half say their stress has increased during the past year. People are afraid they are going to lose their jobs. Some employers are even holding this above their employees' heads, threatening that if they don't do such and such, they are going to be standing in the unemployment line!

Do you worry about things? Most likely you do! Do I worry about things? The answer to that question is, "yes." I admit that I sometimes worry about things. Maybe I don't worry as much now as I have at other times in my life. Sometimes I worry about things in the church. Sometimes I worry about relationships and people that have become upset over something. Sometimes I worry about the impact that something might have on the church. Sometimes I worry about the giving and the finances. Sometimes I worry about a message or a worship service or wonder if I am doing a good job or am I doing what God wants me to do. Sometimes I worry about our own family finances and bills or something going on with our children. I find that worry is worse at night. When you lie down to go to sleep and your mind starts racing away on things that you are worried about something. Guess what? You can't go to sleep when that happens, can you? You toss and turn. You keep glancing at the clock: 1:00, 2:00 3:00. Maybe you get up and try to read or do something to get your mind off of whatever it is that is bothering you. Does this sound familiar?

Join us Sunday as we discover how God wants to take worry out of our lives. Learn how God wants to guide your thinking and give you wisdom, knowledge and discernment. Learn how to trust Him completely in every area of your life.

Pastor Mark

IN ALL WE ARE AND DO, CHRIST IS CENTRAL AT CENTRAL



	Weekly	Year to Date
Amount Needed	\$15,289.75	\$458,692.50
Actual Received	\$10,541.28	\$408,593.25



Faith Goal Annual Budget for 2010 is \$795,067

(MFT) Pledges Remaining	\$234, 643.00
Total Given To Date in Sanctuary Renovation Fund	\$207, 148.09
Current Building Loan	\$541, 022.00



THE FAMILY LIFE CENTER GYM WILL BE OPEN ON THE FOLLOWING DATES:

Tuesday, August 3rd & 10th Open Gym
Thursday, August 5th & 12th Open Gym



STAFF

Mark Key Senior Pastor
centralmjk@triad.rr.com
Barry Queen Associate Pastor
centralblq@triad.rr.com
Fred Huffstetler Youth Pastor
centralumyf@triad.rr.com
Melody Queen Dir. Of Children's Ministries
centralmq@triad.rr.com

Kim Davis Day School Director
centraldayschool@triad.rr.com
Joy Menius Organist
Barbara Strider Chancel Choir Director
Angie Queen
Praise Team & Contemporary Service Music Dir.
Bev Lawrence Hand Bell Choir Director
Patti Cahoon Office Manager
centralumc@triad.rr.com
Sheryl Hancock Secretary
centralsh@triad.rr.com



**SUNDAY SCHOOL BEGINS AT
9:45 A.M.**

IT HAPPENS THIS WEEK

SUNDAY, AUGUST 1

8:45 AM— Contemporary Worship in the Sanctuary
9:45 AM— Sunday School
11:00 AM— Traditional Worship/in the Sanctuary
5:00 PM— MYF

TUESDAY, AUGUST 3

9:00 AM—Kids Ahoy
7:00 PM—FLC open for Families

WEDNESDAY, AUGUST 4

10:00 AM—Wednesday Morning Prayer Group/ Parlor

THURSDAY, AUGUST 5

7:00 PM— Open Gym

AUGUST ITEM IS Macaroni & Cheese

THANK YOU!

The pastors and congregation would like to greatly thank the Agape/Builders Class in their team effort for their responsibility in having the blood drive on July 8th.

**Women of Faith 2010
November 12 – 13**

Attention Ladies! The 2010 Women of Faith conference is coming to Greensboro. Mark your calendars today for this "Over the Top" experience! Central will have a group attending again this year so be sure to invite your friends and family as well. Cost is \$89.00 and includes a boxed lunch. For more information contact Cindy Hayes at 240-0633 or chayas33@triad.rr.com or Tracy Wheless at 215-7647, twheless@embarqmail.com. You may also sign up in the Narthex.



July 27 Sherry Ferree

August 1-7

- 1 Colburn, Mrs. Bonnie Jarrell
- 1 Durham, Mr. Luke Edward
- 1 Fowler, Mrs. Neva Ruth
- 2 Gordon, Mr. Willard Elmo
- 2 Sondecker, Mrs. Brenda
- 2 Wilburn, Mr. Don William III
- 3 Branson, Ms. Haven Ruth
- 3 Cox, Miss Sydney
- 3 Rich, Mrs. Kaye Briggs
- 4 Hanson, Mr. Jason (Jay)
- 4 Thomas, Mr. Wayne
- 4 Turner, Mrs. Vicky Smith

- 5 Cooper, Ms. Rebecca S
- 5 Davis, Mr. Jackson Alexander
- 5 Ilig, Mr. Zachery Mark (Zach)
- 6 Newby, Mrs. Sharon W.
- 7 Raines, Mrs. Karen
- 7 Salers, Mr. Henry Justin
- 7 Sanders, Mr. Harry



Children's Mission Emphasis for August

The August Children's Offering will be given to **Communities in Schools Backpack Pals**. This is a program that sends home non-perishable food on Fridays in backpacks with students who may not have enough food on weekends. This year funding for this program has been reduced, thus making it even more important that we help support this cause.

Volunteer Recruitment

Volunteers are needed at Randolph Hospital for various areas. Caring Volunteers are needed for Surgical Services Waiting, Service Excellence, Welcome Center, and Mental Health Designated Representatives, as well as other areas. Are you service minded, caring and compassionate? Is your mission to serve others? We have a home for you at Randolph Hospital where our volunteers are continually rewarded by the service they give. Call 629-8886 to find out where your talents are or Charles Link at 629-3679 if needed.

THANK YOU!

Dear CUMC Women,

Thank you so much for the book, "Do Hard Things." It was one of my favorite gifts. It not only encouraged me to challenge myself, but it strengthened my walk with God. Thank you for a truly life-changing gift.

Much love,
Annah Wells



8:45 AM Worship : 167
11:00 AM Worship: 235 Total: 402
Sunday School: 269



L.I.G.H.T. House Sunday School

2nd & 3rd Grade—Whale's Tale
4th Grade—Seaside Cinema
5th Grade—Fisherman's Net

Children's Memory Verse for August:

"Be strong and courageous. Do not be terrified; do not be discouraged, for the LORD your God will be with you wherever you go." -- Joshua 1:9

Prizes will be given to children who memorize this verse during the month.

Lighthouse Sunday School Weekly Field Trip

During the month of August, when your child attends the Fisherman's Net class, they will be going to Clapp's Nursing Home to minister to the residents through Bible reading, prayer, and fellowship. Parents, please have them in the classroom by 9:50 AM. Doris Pennington and her Shepherds will be pulling out at 10:00 AM Sharp. You must sign a Permission Slip and give it to your child's Shepherd before leaving. Feel free to join us for this wonderful time together.

**Communities In Schools is Holding Its Annual
Fill the Bus Campaign**



Please consider donating school supplies to be distributed throughout the City Schools. A collection box will be in the hallway of the church's office area. Thank you for your support!

*Mitzi Cartwright, Asheboro Area Coordinator
Communities In Schools of Randolph County*