



Mary Isley—Clapp's
Martha Rose Barden—Duke—Discharged

Sincere sympathy from the pastors and congregation to:
....Kay Craven and family on the death of her brother, Keith Richardson.

Building Fund

In honor of Shirley McNulty

by The Family Foundations Sunday School Class

In honor of Peggy Woodruff

by Lloyd and Ann Hamlet

In honor of Lori Ann and Ben Owen

by Lloyd and Ann Hamlet

Debt Retirement Fund

In memory of Lawrence Sours

by Jack and Iris Ragland

In memory Ellen Steer

by Jack and Iris Ragland

In memory of John Clark

by Jack and Iris Ragland

I ♥ Disco Girl's Dance

February 6th, 2010 7:00-9:00 pm

First United Methodist Church, 224 North Fayetteville Street

Tickets: \$5 per girl \$3 per adult

Plus 2 food items for CUOC

Adult Chaperone Required 70's attire is requested

Sponsored by Junior Troop 40420

JOY CIRCLE MEETING

Thursday, February 4th at 6:30 PM

in the FLC Conference Room. Come and Join us for a little Valentine fun with some local children.

WEDNESDAY NIGHT FAMILY MEAL

Wednesday, February 3 at 5:30 PM to

6:30 PM in the Family Life Center

Sponsored by Handbell Choir

Baked Spaghetti Salad, Bread

and Homemade Dessert

Cost is \$4.00 per person or \$15.00 per family

Tear this off and drop in the offering plate, or

call the church office by 12 noon Monday.

Name: _____

Number Attending _____



MYF: Our Middle School Group meets from 5:00 till 6:45, and our High School Group meets from 6:00 till 7:45 pm. (Dinner will be provided.) Invite a friend to come with you!

TBC! Meet us at Chick-fil-A at 6:45 AM!! Makes for a great start to your day! Brett Queen has our devo.

WINTER JAM 2010: Check your schedule and mark your calendar for Saturday, Feb. 6th! With Third Day in Concert as the headliner we know this will sell out!! Newsboys & Newsong will also be there. If YOU are interested in going – call the Youth Line @ 629-0962 and sign up today! Leave your name and phone number! (Cost = \$10 at the door!) More than likely we we'll meet to leave very "early" that afternoon to get in line... So sign up TODAY!!

HIGH SCHOOL WINTER RETREAT ORIENTATION: We will meet with ALL those going on the retreat and a parent NEXT Sunday, Feb. 7th, immediately following the 11:00 Service at 12:05 pm. We will have NEW 2010 Medical Release forms to fill our. We'll also have someone here to notarize those for you. We'll also take a few minutes to go over all the exciting details.

SUPER BOWL PARTY HOST NEEDED? If you would be willing to host one of our Super Bowl Party(s) next Sunday, Feb. 7th, either for the Middle School Group or High School Group – please contact Fred.

Worship Set-Up:

We need persons who will volunteer to help set up chairs for worship each week in the Family Life Center. Please call the church office if you are willing to help.



Valentine Dance

Saturday, February 6 from 7 pm to 10 pm in Family Life Center. Come share in an evening of fun and fellowship. For more info call Marcia Parks, 381-1853.

"He Speaks to Me" Women's Bible Study

Mondays 7:00 – 8:30 PM

Feb. 15, 22 Mar. 1, 8, 15, & 22

Central United Methodist Church FLC Conference Room

Many Christians wonder how they'll know when God is speaking to them. This study takes you through I Samuel 3 to how we can learn to discern His voice and position ourselves to respond. To register, please contact Joanne Moffitt 629-9996 or jwmoffitt@triad.rr.com.

Central UMC Blood Drive

Thursday, February 11th2pm to 7 pm

in the Family Life Center. More information coming soon!

"Focus on Marriage"

Simulcast Conference

Live VIA Satellite on February 27, 2010

at Central United Methodist Church. Now on sale in the church office. Tickets are \$30.00 or \$60.00 per couple, lunch included. Our speakers will include: Gary Thomas, Kirk Cameron, Drs. Les and Leslie Parrott, Dr. Gary Chapman and Francis Chan.

Join us as we receive wisdom, encouragement and knowledge from these leading marriage teachers.



Day School Dinner/Auction

The Day School is working hard to prepare for our 4th annual Dinner & Auction. It will be held on Friday,

March 26th. Free childcare will be provided. We will begin accepting items for the auction starting January 22, 2010. If you have any questions, please call the Day School office at 629-5887. Keep watching the bulletin for more information.



Boy Scout Join Night Moved to Tuesday, February 2nd.

Cleve Miller, Boy Scout District Executive, would like to meet with all 1st-5th grade boys and their parents at 6:30 in the Wesley Classroom for an informational meeting concerning starting a Cub Scout Pack at Central. If your son is this age and not currently in a troop or you know of a neighbor or close family with a son looking for a troop, please invite them to attend this meeting. For more information or questions, please contact Cleve at

cleveland.miller@scouting.org.

The Worship of God

Sunday, January 31, 2010 "4th Sunday after Epiphany" 8:45 AM

WELCOME, REMINDERS & GREETING.....Fred Huffstetler
OPENING PRAYER.....Pastor Barry
*OUR MISSION
SONG OF CELEBRATION
OFFERING PRAYER.....Pastor Mark
OFFERING SONG
RECEPTION OF NEW MEMBERS
PRAYER AND SHARE TIME.....Pastor Barry
MUSIC
MESSAGE—"Sickness: God's Healing Power".....Pastor Mark
CLOSING SONG
BENEDICTION.....Pastor Mark

Prayer Deliverers.....James and Gail Gouty
Sanctuary Prayer Group.....Judy Oliver

**Pastor Mark's Sermons are available for download on the
church website: www.centralunitedmethodist.org**

USHERS 8:45 AM

Eddie Voncannon, Jay Councilman
Debbie and Ross Reaves

GREETERS 8:45 AM

Carol and Ralph Hall, Robin Vanhoy,
Anne and Heath McCaskill

USHERS 11:00 AM

Capt. Hal Powell, Carmen Jurgensen, Jerry Little, Ray
Hargett, Bill McAnulty, Dean Lail, Lewis Wright, Tony
Pugh, Boyd Thomas, Tom Allred, Steve Guy, Mike
Hunter, Clyde Phillips, Chairman Dee Bulla

WELCOMING COMMITTEE

Jerry Tugwell, Bellma Allred, Wanda Tatum,
Peter and Mary Lynne Brisley

Voyagers Children's Church - K thru 5th Grade

Chris Kingston—Family Life Center

NURSERY/PRESCHOOL

Infant— Jessica Grantham
8:45 AM— Russ and Judy Smith
8:45 AM-Central Sitter—
11 AM Nursery—Missi Foster
11 AM— 2year old— Linda Smith
11 AM- 3- 4 year old—Nicky and Kim Fields
11 AM— Central Sitter Infant —
Central Floater—

ACOLYTES

Amy Wells and Molly Wells

The Worship of God

Sunday, January 31, 2010 "4th Sunday after Epiphany" 11:00 AM

PRELUDE— Prelude in d/Agincourt Hymn.....
WELCOME, RITUAL OF FRIENDSHIP AND ANNOUNCEMENTS.....Fred Huffstetler
*CALL TO WORSHIP
OPENING PRAYER.....Pastor Barry
*HYMN OF PRAISE- "O For A Thousand Tongues To Sing".....Page 57
*OUR MISSION
*APOSTLES' CREED.....Page 881
*THE GLORIA PATRI.....Page 70
CHILDREN'S CORNER.....Pastor Mark
RECEPTION OF NEW MEMBERS
SERVICE OF GIVING
Prayer of DedicationPastor Mark
Offertory— "Sing To His Name!.....Gilbert Martin
*Doxology.....Page 95
PASTORAL PRAYER.....Pastor Barry
*The Lord's Prayer.....Page 895

ANTHEM — "Create In Me a Clean Heart".....Mueller

*Create in me a clean heart, O God, and renew a right spirit within me.
Cast me not away from Thy presence and take not Thy Holy Spirit from me.
Restore unto me the joy of my salvation and uphold me with Thy free spirit.
Then will I teach transgressors Thy ways and sinners shall be converted unto Thee.
Create in me a clean heart, O God.*

SCRIPTURE— James 5: 14—16

SERMON—"Sickness: God's Healing Power".....Pastor Mark

HYMN OF RESPONSE— "Have Thine Own Way Lord"(vs. 1,3,4).....Page 382

BENEDICTION

POSTLUDE— Fanfare For A Festive Occasion.....Lani Smith

Sanctuary Prayer Group.....Derrick Atwell

Periodicals paid weekly except July 4 and December 25 by Central United Methodist Church
 300 South Main Street, Asheboro, North Carolina 27203 629-1425
 Periodicals Postage paid at Asheboro, North Carolina 27204 Return Service Requested (US 073-440)
 Return Service Requested (US 073-440)

	Weekly	Year to Date
Amount Needed	\$15,289.75	\$ 61,159.00
Actual Received	\$13,490.00	\$ 62,367.52



Faith Goal Annual Budget for 2010 is \$795,067

(MFT) Pledges Remaining	\$ 264,000
Balance in Sanctuary Renovation Fund	\$ 186,946.58
Current Building Loan	\$ 591,007.00



THE FAMILY LIFE CENTER WILL BE OPEN THE FOLLOWING DATES:.

Tuesday, February 2, 9, 16, 23
 Open Gym 7 PM to 9 PM

Thursday, February 11, 18, 25
 Men's Basket Ball 8 —10 PM
 No Open Gym Feb. 4th



STAFF

Mark Key Senior Pastor
 centralmjk@triad.rr.com
Barry Queen Associate Pastor
 centralblq@triad.rr.com
Fred Huffstetler Youth Pastor
 centralumyf@triad.rr.com
Melody Queen Dir. Of Children's Ministries
 centralmcq@triad.rr.com

Kim Davis Day School Director
 centraldayschool@triad.rr.com
Joy Menius Organist
Barbara Strider Chancel Choir Director
Angie Queen
 Praise Team & Contemporary Service Music Dir.
Bev Lawrence Hand Bell Choir Director
Patti Cahoon Office Manager
 centralumc@triad.rr.com
Sheryl Hancock Secretary
 centralsh@triad.rr.com

300 South Main Street Asheboro, North Carolina 27203
 Phone (336) 629-1425 Fax (336) 629-6550
 Youth Line (336) 629-0962 Day-School Phone (336) 629-5887
 Web site: www.centralunitedmethodist.org

IN ALL WE ARE AND DO, CHRIST IS CENTRAL AT CENTRAL

GOD'S HEALING POWER

“Are any among you sick? They should call for the elders of the church and have them pray over them, anointing them with oil in the name of the Lord. The prayer of faith will save the sick, and the Lord will raise them up; and anyone who has committed sins will be forgiven. Therefore confess your sins to one another, and pray for one another, so that you may be healed. The prayer of the righteous is powerful and effective,” (James 5:14-16).

We conclude the sermon series on “health and wholeness” this week. The last message is on God’s healing power. I will be teaching from the Bible on the subject of healing and we will give everyone the opportunity to receive prayer for healing following each service.

All of us have broken places in our lives and places where we need healing. God gave us complex bodies that are beautiful in his eyes (bodies that are wonderfully made). These bodies are made up of a wonderful mixture of things God has given us (body, mind and spirit; physical, mental, emotional and spiritual). Unfortunately we live in a pretty tough world and we take a lot during our lifetimes. And we get damaged. We get hurt. We fall into disrepair. We get wounded. We get sick. We succumb to illnesses. We become affected by stress or trauma situations. We experience different degrees of emotional situations. Accidents happen. There are a lot of things that can go wrong.

But fortunately we serve a God who longs to put us back together and make us whole. We serve a God that not only created our bodies, but knows them better than anyone else. We serve a God that wants us to experience wholeness and completeness. We serve a God that loves to restore His children!

Join us Sunday for this final session of “God’s Home Remedies” on God’s healing power. The sermon series during February will be on relationships. Start inviting your friends now to join us for this very practical and relevant sermon series.

Pastor Mark

CUMC
weekly schedule

**SUNDAY SCHOOL BEGINS AT 9:45 A.M.
IT HAPPENS THIS WEEK**

SUNDAY, JANUARY 31

8:45 AM— Contemporary Worship
9:45 AM— Sunday School
11:00 AM— Traditional Worship
5:00 PM— MYF

Supper Moms: Denise Schoenberger and Joan Howard

MONDAY, FEBRUARY 1

10:00 AM—Beth Moore Bible Study/FLC Conf. Room
10:00 AM—Circle # 1 –Parlor
12:00 NOON—Eva Lowdermilk— Parlor
2:00 PM—Dianne Johnson—Parlor
5:30 PM—Girls Get Fit/FLC Conference Room
6:30 PM—Susannah Wesley— Parlor

TUESDAY, FEBRUARY 2

6:45 AM—Tuesday Breakfast Club—Chick-fil-A
7:00 PM— FLC Open for Families
7:00 PM— Followers—Parlor

WEDNESDAY, FEBRUARY 3

10:00 AM—Wednesday Morning Prayer Group/Parlor
5:30 PM—Wednesday Night Meal/FLC
5:30 PM—Girls Get Fit/FLC Conference Room
6:15 PM—Handbell Practice
7:30 PM—Choir Practice

THURSDAY, FEBRUARY 4

10:00 AM— Bible Study/FLC Conference Room
6:30 PM— Joy Circle/ FLC Conference Room

Randolph Pregnancy Center Baby Bottles due back January 31st.

Financial Peace - Dave Ramsey

We would like to offer another class at Central beginning in February. If you would be interested or like to know more contact the church office, Derrick Atwell or Pastor Barry This is a 13-wk course that meets in a 2 hr session designed to help you get on the road to financial peace. Let us know if you are interested so we can make a decision the direction we need to go.

WEDNESDAY NIGHT SUPPERS

Our Wednesday night Suppers are off to a good start; thanks to all who have participated in these! We have a few open dates coming up so if your group would like to host a supper or host your second supper please call Shirley. The open dates are:

February 17 March 3 March 24

CUMC
birthdays

31	Nannie Cain Wanda Tatum	2	Bryant Kesler Ethan Gouty
	Jeffrey Charles Melissa Skoglund	3	Erica Wiggenhorn Jack Embree, III
	Aundrea Azleton	4	Briana McWhirter
1	Marjorie White	5	Karen Tyler
2	Rachel Hargett	6	Laura Harvey Elizabeth Harvey
	Wanda Bowman Denise McNeill		Olivia Garrison

Children's Advisory Council Meeting

The CAC will be meeting Wednesday, February 3rd at 6:00 in the Wesley Class. Grab your plate if you are eating and join us. Let me know if you need childcare. --Melody

Teachers Needed:

We need a couple of people to help teach a Sunday School class at the Summit Housing complex (corner of Academy & Cox). Commitment is once per month, 9:45-10:45 on Sundays. Contact church office or any member of the staff.

District Mission Study

New Salem UMC, Randleman, NC

February 20, 2010...8:30 a.m.-1:00 p.m.

**Class choices are: Food and Faith....The Beauty of the Sudan
Food and Faith for Teen Women....Continental breakfast.**

**Lunch \$6.50. Remit registration by February 1, 2010
to Mary Beth White 629-5327. Carpooling from Central**

UMCOR KITS NEEDED

In response to the disaster in Haiti, Central UMW is collecting items for UMCOR Health Kits. A container has been placed near the church office for donations...we invite our church family to participate in this relief project.

These items are needed for the kits.

Hand Towel (15"x25"); Washcloth; Comb (large and sturdy, not pocket sized); Bath-size Bar of Soap (3 oz. and up); Metal Nail File or Fingernail Clippers (no emery boards or toe nail clippers); Toothbrush (single brush in original wrapper, not child size); Plastic strip sterile bandages; 1 gallon plastic Ziploc storage bags

Kits will be assembled by the UMW. Thank you for your donations. You are helping to make a difference in people's lives. **We are also taking monetary donations, designate on your check that it is for Haitian Relief Fund.**

**Baby Bottles are due back this Sunday
January 31st!**

CUMC
attendance

8:45 AM Worship : 183
11:00 AM Worship: 248 Total: 431
Sunday School: 421



2nd through 5th Graders -

L.I.G.H.T.House Sunday School 5th Sunday Rotation

All 2nd through 5th graders need to meet in the Fisherman's Net Classroom for a special presentation. Parents can pick up the girls in the Fisherman's Net and boys can be picked up in the Seaside Cinema.

Our Memory Verse for January is: "I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth"
Genesis 9: 13 NRSV

Children's Mission Emphasis for January

The January Children's Offering will go to **Communities in Schools of Randolph County**. With winter weather all around, it is critical that needy children have adequate food when out of school. This offering will help provide snacks that go home with children in backpacks on the weekends. **Backpacks for Kids** can use our funding to help provide food and support to children who desperately are in need this time of year. .

Sunday Morning Preschool Committee Meeting

Mothers of children currently attending a Preschool (birth through five-year old) Sunday morning Sunday School Class or Worship service are asked to attend a Committee Training event this afternoon (January 24th) at 4:00 in the Nursery. Cindy Hayes and Melody Queen will be leading this training. For questions or more information call Melody at 629-1425.

5th Sunday Lighthouse Sunday School

On January 31st, Mr. Kent Shrader will be sharing in Lighthouse Sunday School about the wonderful summer ministries at Mt. Shepherd. He will also be bringing a few of his camp "friends" for the children to enjoy as well. Also during Sunday School, Mr. Cleve Miller, Boy Scout District Executive, is planning to talk with 1st through 5th grade boys about Cub Scouts. We hope your children will join us for this special morning!

Parenting Class-"Get the New Year Started Off Right!"

This is a Seven-week course by Drs. Les & Leslie Parrott, designed to include new parents through parents of elementary children. We are meeting at 9:30 in the "old" Wesley Classroom (located under the Sanctuary). Signs are posted outside at the back entrance of the Sanctuary near the office area. Each Sunday until February 21st, we will start with coffee, juice and a snack breakfast and finish at 10:50. Workbooks are \$8.00. Children may be dropped off in their SS classes at 9:20. We invite all married and single parents to attend.