



Please let me know if you are willing to help out with the nursery during the 11:00 service on Sunday mornings; even if you would just like to be on a 'fill-in' basis.

Monthly calendars and important flyers will be available regarding Children's Ministry in the Day School hallway, right outside of the choir room.

Mark your calendars! On Wednesday, September 20th, we are headed to Asheboro Mini Golf for a round of putt putt! Children need to come to the Wesley Classroom at 6:30. We hope to be finished and back to the church by 8:00. Please let me know if your child plans to attend as we will be taking the church van. I will need every parent to complete a 2017 parental consent and medical authorization before your child is able to go on any of our trips. I will distribute these on Wednesday, September 13th, or you can pick one up from Heather on Sundays or during the week.

**Youth News**

*Hey there,  
Check out all the exciting things taking place this month in the September Youth Update!!*

**NO CONFIRMATION CLASS THIS WEEK!** We will **NOT** meet this Sunday, Sept. 10th, due to the Labor Day weekend. We will resume our 8-Week Study on Sunday, Sept. 10th. Please arrange your schedule to participate in EACH class since they build on each other! If you have or know of a conflict let us know in advance, so we can possibly adjust!

MYF: We will **NOT** meet for Youth Group this Sunday! However NEXT Sunday we will welcome our NEW 6th Graders beginning at 6:00 pm with a "pizza party" and more...

**BREAK THRU** returns Wednesday, Sept. 6th, at 6:30 pm.

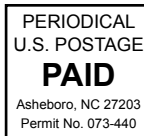
Our NEW Youth T-shirts are IN, and they look awesome! Your cost?!? Just 5 bucks!!! (We cover the rest!) Pick yours up TODAY!!

**See You At The Pole:** This student led prayer event will take place Wednesday morning, Sept. 27th!! Check with your School or FCA to see what time you will meet! \*Note: If you're helping as a leader at your school and would like a SYATP handbook OR poster — see Fred.

*Blessings, Fred*

**Notification Of An Upcoming Called Charge Conference:**

A called Charge Conference has been set for Tuesday, September 12, 2017 at 6:30 pm to receive and take action on the recommendation from the ad hoc Central UMC Endowment Founders Committee for the purpose of establishing a Permanent Endowment Fund. The elected members of the Church Council are the members of the Charge Conference. The insight and action of the Council members are vital for the establishment of this important plan for resourcing and underwriting the future of our congregation. Please be in attendance as you are able.



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**Budget**

**Needed to Date \$439,996.70 Received to Date \$442,689.59**

**WOMEN'S BIBLE STUDIES**

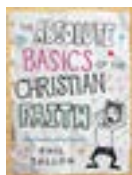
Central is offering 3 different studies this fall for women:  
Beth Moore's, **Breaking Free** Mondays, Sept. 11 - Nov. 20 at 10:00 AM in the FLC conference room. To register, contact Vicki Moss at vicki.moss@gmail.com or 336-953-2561.  
Priscilla Shirer's, **Armor of God** Wednesday, Oct. 4 - Nov. 15 at 6:30 PM (location TBA). To register, contact Joanne Moffitt at jlwmmoffitt@gmail.com or 336-629-9996.  
Beth Moore's, **Daniel** Thursdays, Sept. 14 - Dec. 14 at 10:00 AM in the FLC conference room. To register, contact Betsy Kozlow at bkozlow@triad.rr.com or 336-302-0680. Childcare will be provided, but must be registered.



**Central UMW NEWS**  
Uwharrie District Annual Meeting--August 26  
Generation Now- A Panel Discussion on Engaging Generation "Z"  
Pfeiffer University 2nd Floor Community Room, Stokes Student Center  
Registration & Light Continental Breakfast at 9:30am  
Hands-On-Mission – School Days Sanitary Supplies & School Kits  
Contact Mary Beth White @ 336-629-5327 before August 21 to register.

**UMW UNIT MEETING**

Monday, September 11 at 6:00pm--Family Life Center Conference Room  
**Sub-Groups:**  
Susannah Wesley --Monday, September 11 at 5:00pm---FLC Conference Room  
Followers-----Monday, September 11 at 5:15pm---FLC Conference Room

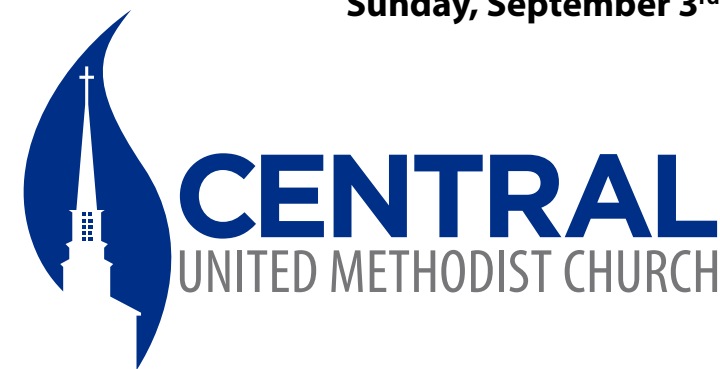


**Fall Bible Study:** Pastor J.F. will be leading a Wednesday night Bible study this fall around the core doctrines and beliefs of the Christian faith. The book "The Absolute Basics Of The Christian Faith" will be the guiding text. This class will offer clear, easy to understand and biblical teaching on the core foundations of the Christian faith: the Trinity, the plan of salvation, the purpose of the church, the nature of sin, and the hope of the world. If you have ever wanted to study in depth the main beliefs of the Christian faith, or if you would like to refresh yourself on them, this is the Bible study for you! In order to make sure enough copies of the study text are on hand, please sign up today (either by filling out the sign up sheet in the church narthex or calling the church office to register). The first class begins on Wednesday, September 13.

**YOUR CENTRAL CHURCH STAFF**

- Dr. J.F. Howard** Senior Pastor  
jhoward@centralunitedmethodist.org
- Joy Menius** Organist  
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- Fred Huffstetler** Youth Pastor  
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- Ralph Davis** Praise Team Director  
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- Jill Akins** Church Office Manager  
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- Bev Lawrence** HandBell Choir Director  
bevandterry@yahoo.com
- Heather Cagle** Children & Family Ministry Director  
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- Camela Nixon** Day School Director  
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- Barbara Strider** Chancel Choir Director  
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Our Mission is to follow Jesus, make disciples and transform the world.  
We are about making connections — connecting people to God and to each other.

**Vacation Confessions**

As I write this Kari and I are in the midst of our first real vacation in just over two years. Ironically, the last two years have been one of the busiest seasons in our lives.

A series of circumstances and situations over the past year and a half caused us to cancel our vacation plans two separate times.

We canceled one vacation prior to moving to Asheboro, NC in 2016 in order to move out of the parsonage early to let the church complete a parsonage renovation before the arrival of the new pastor and family. A second vacation planned for September 2016 was canceled due to a church crisis. With a job that requires working weekends and most major holidays, Kari and I are poor planners when it comes to vacations.

It took this time to get away for me to realize the condition I was in. For the last year and a half I would not say that I was running with my tank on empty... but the warning light was on. For over a year just about everything I have done has been in the midst of an unrelenting weariness. The results of that lifestyle speak for themselves: Working twice as long to accomplish half as much. Low energy. Overeating. Under exercising. Increasing impatience. Unpleasant disposition. Waning creativity.

The last few days of looking in the mirror has caused me to think about God's remedy, which He put into the works right from creation: Sabbath.

God created humans and hardwired us to both work hard and rest easy. I have reflected on some basic truths regarding Sabbath that I want to share (with the caveat that I am not currently doing these very well, but I am committed to working on them):

**Sabbath time is a gift from God.** It is a time to rest, renew, and reflect. It is a time to enjoy the blessings God provides and to celebrate, worship, and rejoice in the God who gives such blessings. One of my new favorite Bible passages is Isaiah 58:13-14,  
<sup>13</sup> **"If you keep your feet from breaking the Sabbath and from doing as you please on my holy day, if you call the Sabbath a delight and the Lord's holy day honorable, and if you honor it by not going your own way and not doing as you please or speaking idle words,<sup>14</sup> then you will find your joy in the Lord, and I will cause you to ride in triumph on the heights of the land and to feast on the inheritance of your father Jacob."** For the mouth of the Lord has spoken.

God tells us that if we will keep the Sabbath we will find our joy in the Lord (Isaiah 58:14). Nehemiah reminds us that the **"joy of the Lord is our strength"** (Nehemiah 8:10).

**Sabbath time is an example from God for us to follow.** In Genesis 2:1-3 the Bible says,  
<sup>1</sup> **Thus the heavens and the earth were completed in all their vast array.**  
<sup>2</sup> **By the seventh day God had finished the work he had been doing; so on the seventh day he rested from all his work.** <sup>3</sup> **Then God blessed the seventh day and made it holy, because on it he rested from all the work of creating that he had done.**

After finishing His work of creation God took time to stop, rest, and enjoy all He had created. God enjoyed the Sabbath so much that He blessed it and made it a holy day. I am finding that taking time to stop, rest, and reflect, helps me to enjoy life a lot more. And I won't speak for Kari, but I think if you would ask her, she would tell you Sabbath time makes me a more enjoyable person to be around!

Pastor J.F.

